

Jan Millined

2 big carrots,
peeled and cut into chunks
some sliced red onions
1 tbsp of walnuts
some spinach leaves
30 gr of GreenVie Blue
olive oil, salt, black sesame

Recipe & Photo credits

@topfoodfacts



method

Season the carrots with some salt, black pepper and a drizzle of vegetable oil. Roast them in the oven, set to 180° Celsius, for about 30 minutes. Let them cool down a bit and then mix with the rest of the ingredients and serve!









Did Haw make

Tag @greenvie_foods on Instagram and hashtag it #greenvie



