



Plant Based
RECIPES

Taco Salad
with
Grated Cheddar



You will need

Lettuce

Sweetcorn

Red kidney beans

Cherry tomato salsa with red onions and parsley

Avocado

Sauteed mushrooms

Grated Cheddar cheese

lettuce



Method

- Add salad to a bowl and top with the rest of the ingredients

Recipe &
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SERVES



PREP TIME



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